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November 2024

The Cathedral Messenger

A Publication of St. George Antiochian Orthodox Christian Cathedral

The St. George 89th Annual Lebanese Dinner & Food Sale

by Alexis Phillips & Kristi Taylor



The 89th Annual Lebanese Big Dinner was a resounding success! This year, we were blessed to serve an incredible 5,559 people—513 more than last year. With little to spare, by the grace of God, we managed to feed every guest.

Despite so many events taking place around the city, people lined up to enter our cathedral, eager to take a tour, shop in the Country Kitchen, and enjoy our delicious food. It is clear that this Wichita treasure has become a beloved fall staple in our community.

The rave reviews we received about our food and hospitality are a testament to the warmth and dedication of our volunteers.

In the months leading up to the dinner, parishioners of all ages helped prepare every dish served. Longtime parish members, who have supported this event for decades, shared their expertise and guided new leaders through the process, ensuring the tradition carries on with care and excellence.

Thank you to the many talented and dedicated committee chairs. The final reports from each committee are essential to perfecting the process. If you chaired a committee, please submit a report to Alexis Phillips and Kristi Taylor as soon as possible. Reports should include a task list, a timeline, supplies needed, a recipe (if applicable), and an analysis of what worked and what can be improved upon.

In order to calculate total proceeds, we need everyone to pay for your tickets or turn in your unused tickets. Tickets can be paid for by check to the Cathedral office or by using the Realm app. Once finalized, numbers will be announced during coffee hour.

With the momentum from this year's success, we're already looking ahead to the 90th Annual Lebanese Big Dinner next year. We can't wait to make it an even more memorable celebration of our community, culture, and faith!

Dean, V. Rev. Paul O'Callaghan • St. George Orthodox Christian Cathedral

7515 East Thirteenth Street • Wichita, KS 67206-1223 • (316) 636-4676 • <http://www.stgeorgecathedral.net>

Sunday, November 24
Your St. George Missions Support Team
and the



INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES



invite you to put together a small hygiene kit
and make a big difference
when disaster strikes!

2025 STEWARDSHIP

Please plan to make your 2025 Stewardship Commitment by **Sunday, December 1**, either online through Realm or by returning a signed pledge card to the Cathedral by that date.



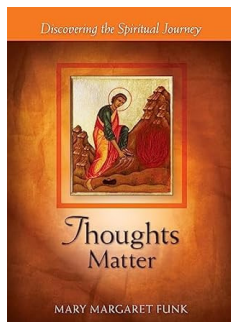
Women's Faith & Growth

Join us **Thursday**
November 21, 7:15p
at the Parish House
— 1328 N Tallyrand St —

for an evening of fellowship & faith

Ashley Mullinix
is leading the discussion

Studying "Thoughts Matter"
by Mary Margaret Funk



MABROOK! BLESSINGS!

MANY YEARS!

Baptisms

Kareem Taggart Wilson, 10/19
(son of Jeff and Candice)

Cassian Seraphim Sturgill, 10/26
(son of Joshua and Rebekah)

November Adult Education

November 6:

"Man of God" Part II of the St. Nectarios movie

The final film of our Orthodox Film Festival



November 20:

Is "Christian Zionism" Christian?

Must a Christian Support the State of Israel?

Sessions will be held following Vespers at approximately 7:15p

Women's Bible Study

Join us!

Wednesday, November 6, 1:30pm & Wednesday, November 20 1:30pm

At the Parish House • 1328 N Tallyrand St
Studying the Epistle to the Galatians

NOVEMBER FASTING

On Wednesdays and Fridays prior to November 15, the normal fasting traditions are observed: abstinence from meat, poultry, and dairy products. The Nativity Fast begins Wednesday, November 15th. The usual fasting regime is kept everyday during the Fast in November, except we are dispensed from fasting on Thanksgiving Day, and wine and in some traditions, fish, are permitted on Tuesdays, Thursdays, and weekends.

Dinner Pics

Thank you to our St. George Family!



89th



2024



Youth Events



Pumpkin Patch



Annual Dinner



Basketball - OKC



The Alley



Fall Fest Fun!

Welcome Home



Our journey to Orthodoxy began around seven years ago. Brandon began attending Hall of Men, and the subsequent symposiums and other events. As we began reading about the Orthodox Faith and discussing what Brandon was learning through the events, we became increasingly aware that Orthodoxy had a Fullness of the Faith we had never encountered before. After several years of deliberating and continued reading we made a decisive move towards Orthodoxy. In January of 2024 we began attending St. George regularly and became catechumens. We were chrismated into the Faith on September 14. We are grateful and humbled by the kindness and graciousness that has been shown to us.

— *Brandon, Holli, Lewis & Juliet Nisly*



Welcome Home

I have come to Orthodoxy from a mixed Mennonite and Presbyterian background. Growing up in Newton, Kansas, pretty much everyone around me and all my relatives were Mennonite. My parents and I then started going to Eastminster Presbyterian church in Wichita when I was only five due to the quality of the church itself and its outreach programs both local and international. I've never not been a Christian, but started having more questions and wanting to understand the faith more deeply when I was just out of high school in the 2010's. I really wanted a rock solid foundation of reasoning for what I believed. I went through a phase of researching many different Protestant denominations looking for who seemed to be interpreting scripture correctly. This turned out to be more exhausting than enlightening. I then remembered that one of my high school history teachers, Dr. Erin Doom, was Orthodox and decided to look into it. I came to a couple services at St. George and found some great teaching on Ancient Faith Radio explaining the history of the church and Orthodox doctrine compared with the Protestant faith I was familiar with. I started attending St. George off and on in 2017 and have completed most of three separate Catechesis rounds, but after a long journey I'm glad to be home.

— *Dakota Harms*



5 Ways to be Hospitable in Your Parish

— from our friends at Faithtree

As members of the Church, we all have a role to play in making our parish a welcoming and supportive community. Whether it's greeting someone with a smile or extending a warm invitation, these small acts of kindness can make a world of difference—especially for newcomers and college students who may be far from home.

Here are five simple, actionable steps you can take to help make your parish a more hospitable place:

1. Greet Someone New Each Week

Make it a habit to introduce yourself to someone you don't recognize at each service. A friendly "hello" can go a long way in making someone feel seen and welcomed.

2. Invite Newcomers to Coffee Hour

If your parish has a coffee hour or social time after services, extend a personal invitation to anyone who seems new or is sitting alone. This small gesture can help them feel more included in the community.

3. Offer Help or Guidance

If you notice someone who looks a bit lost or unsure, whether it's during the service or around the church, don't hesitate to offer assistance. A simple, "Can I help you with anything?" can ease their worries and make them feel more comfortable.

4. Introduce New Parishioners to Others

After greeting a new comer, take the extra step to introduce them to others in the parish. This helps them start to build connections and feel more integrated into the community.

5. Follow Up with Someone You Met the Previous Week

If you met someone new last week, seek them out the next time you see them and ask how they're doing. This shows that you care and that they're remembered. For big bonus points, call them by name!



2024 Nativity Lent Psalter Group

Nativity Lent is almost upon us and it is time, once again, to sign up for the Nativity Lent Psalter Reading Group. The readings begin November 15, 2024, the beginning of Nativity Lent, and end on December 24th.

The Psalter contains 150 psalms which are divided into 20 Kathismas or sets. Each person who signs up is assigned a starting Kathisma to read for the first day of the lenten season. We then

move on to read the next Kathisma each day until we have read through all 150 Psalms (20 Kathismas) twice during our 40 day lenten season. We read on our own at any time of day that is convenient for us. In this way, we as a group will have read the entire Psalter each day of the Nativity Lenten season. If you are interested, please contact Vas Oldziej at 20kathismas@gmail.com no later than November 13th. Please include your full name AND your baptismal name with your email address. All correspondence will be done through email.

Community Corner

St. George



Submitted by Mikell Awaad

...for I was hungry and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me. Matthew 25: 35-36

Dillons Community Rewards

Earn money for St George Cathedral every time you shop at Dillons by designating St George Cathedral as your Community Rewards recipient. When you scan your Dillons card at checkout, St George Cathedral will automatically be given a donation from Dillons based on the amount of your purchase. Ask a Community Support Team Member if you need assistance signing up. Thank you for your support! For more information go to <https://tinyurl.com/2p9zrezy>

Dillons Community Rewards

Lord's Diner –Join us on the third Sunday of the month as we serve meals to those in need. Adults and youth ages 12-17 (if accompanied by a parent or guardian) are welcome! Upcoming volunteer dates are November 17th and December 15th at 5:00-7:30. For more information or to join this volunteer group, contact Pat Milburn at pmilburn@josephhollander.com

Coming Up

Cook Up A Storm

Cook Up A Storm - November 2nd Volunteers needed to help cook meals for those in need. We will meet in the Parish Kitchen from 10:00 – 12:00. If you can help contact Carrie Camden at camden9492@gmail.com.

DUI Red Ribbon Event

November 5th We will meet at 2:00 at the church to sign ribbons in remembrance of DUI victims. If you can help, contact Jane Evans at sittie49@gmail.com

For more information, contact Debbi Elkouri (316) 204-6688.

Next Meeting

Tuesday, November 12th

12:00 noon in the Cathedral Library.

We would love to have you join us!!

Please consider sharing your gifts and talents with our community. Contact Carrie Camden at camden9492@gmail.com for more information

Pando Holiday Hunger Drive

for North High continues until November 10th Pando at North High provides food support over the holidays, a time when students do not have the breakfast and lunch that they would normally have at school. Help us fill the Holiday Hunger Gap by donating today!

Needs List

- peanut butter and jelly
- pasta and pasta sauce
- ramen noodles
- canned fruit or vegetables
- canned tuna or chicken
- mac and cheese
- rice
- dry beans
- canned soup
- instant oatmeal packages
- granola bars
- individual snack items
- shampoo and body wash
- secret deodorant for women
- basic male deodorants from dollar tree

To learn more about Pando, you can check them out online at thepandoinitiative.org



*The Cathedral
Messenger*

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7515 East 13th Street North

Wichita, KS 67206-1223

www.stgeorgecathedral.net

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