



Volume 33, Number 7  
**JULY-AUGUST 2024**

# The Cathedral Messenger

*A Publication of St. George Antiochian Orthodox Christian Cathedral*



## *Our Heavenly Protectors*

The theme for Vacation Bible School 2024 was "Our Heavenly Protectors". Each day our children learned about a different angel and how they are a part of our lives and bring God's presence to us.

On day one we learned how each of us receives a Guardian Angel at our Baptism and how this angel "Stays With Us" through all of life's ups and downs. Day two focused on the Holy Archangel Gabriel who "Tells Us" God's good news, just like he told our Lady, the Mother of God, the good news that she would bear our Lord Jesus Christ! The Arch-

angel Michael was our focus for day three and on how he "Protects Us" through life's difficulties, dangers, and temptations, the same way he protects the Church. We wrapped it up on day four by learning about the Archangel Raphael who "Guides Us" along the path of salvation in this life, just like how he guided Tobias on the road to find his wife in the Book of Tobit.

Our children prayed, laughed, learned, and sang their way through a week of VBS, learning about God's love for us through the angels he sends to "Stay with us, tell us, protect us, and guide us" through life!

**Dean, V. Rev. Paul O'Callaghan • St. George Orthodox Christian Cathedral**

7515 East Thirteenth Street • Wichita, KS 67206-1223 • (316) 636-4676 • <http://www.stgeorgecathedral.net>

His Eminence  
The Most Reverend  
Metropolitan SABA



Archbishop of New York  
and Metropolitan of  
All North America

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE  
OF NORTH AMERICA

**Metropolitan Saba's Letter Concerning Diocesan Oversight Assignments**  
(Abridged and edited by Fr. Paul O'Callaghan)

Venerable Hierarchs, Reverend Clergy, and Christ-loving Faithful of our Archdiocese,

Since my arrival as your Metropolitan, I have been concerned that two dioceses of our vast archdiocese are without a bishop to oversee them: Los Angeles and the West, and Wichita and Mid-America. Although we are not yet ready for an election of new bishops, I want to ensure that these dioceses have the attention and care they need.

**Thus I am assigning the Rt. Rev. Calinic (Berger) as Archiepiscopal Vicar for the Diocese of Wichita and Mid-America, after elevating him to the rank and dignity of Archimandrite on the Feast of the Ascension.** I have asked His Grace Bishop Anthony—who has served well and faithfully for many years—to move to Los Angeles and serve as Bishop in the West. We are grateful that he has taken this diocese's needs to heart and accepted this assignment. Additionally, I am assigning the Rt. Rev. Archimandrite Jeremy (Davis) as Archiepiscopal Vicar for the Diocese of Toledo and the Midwest. Finally, I am assigning the Rt. Rev. Archimandrite Paul (Matar) as Archiepiscopal Vicar for the Diocese of New York and Washington, D.C., so that these parishes can have special care and attention so I can focus on Archdiocesan matters. **All these assignments will be effective August 1, 2024.**

The holy apostle Paul has instructed us that “all things should be done decently and in order” (1 Cor. 14:40). Just as we rely on our priests to ensure that their parishes function harmoniously in this way, so do we rely on our bishops—and now our archiepiscopal vicars—to lead their dioceses toward the same goal. In this light, I have full confidence in His Grace Bishop Anthony, Archimandrite Jeremy, Archimandrite Paul, and Archimandrite Calinic as they embark on these new ministries. We hope that, with God's help and everyone's cooperation and goodwill, these plans will prove to be fruitful for the future of our God-protected Archdiocese.

Wishing you much joy as we celebrate Holy Pentecost, I remain,

Yours in Christ,

A handwritten signature in blue ink that reads "T. Saba". The signature is written in a cursive, flowing style.

+SABA

Archbishop of New York and Metropolitan of All North America

*“The disciples were first called Christians in Antioch” (Acts 11: 26)*



MEMORY ETERNAL

Franklin Naifeh of OKC, 5/28  
(brother of Leilah Farha)

Juanita Distefano of Omaha, NE, 6/10  
(mother of Bryan Distefano)

Peter Friesen of Winkler, Manitoba, 6/12  
(father of Jenny Wall)



Orthodox Christian  
Prison Ministry Sunday

The MISSION SUPPORT TEAM invites you to learn about the ministry of the ORTHODOX CHRISTIAN PRISON MINISTRY at our coffee social following Liturgy on Sunday, July 28th.

There will be a special table where you can hear amazing stories and results of this ministry.

JULY FASTING

The normal fasting traditions are observed: abstain from meat, poultry and dairy products on Wednesdays and Fridays.

AUGUST FASTING

August Fasting The Dormition Fast takes place August 1-14. We fast from meat, and dairy products, fish, and wine except on Saturdays and Sundays when there is an allowance for wine. A fast day always occurs on August 29 for the Beheading of John the Baptist in which we abstain from meat and dairy products.



many years!

Mabrook! Blessings!

marriages

Gregory Laborde and Harper Amend, 6/22

MODESTY & DIGNITY In Church

As summer approaches, please remember that dress in church should always be dignified and modest.

For women, sleeveless or low cut dresses and tops, short skirts, tight fitting outfits, and boldly colored clothes are not appropriate. For men, no shorts or message t-shirts; a jacket is customary and long sleeves preferred.

Skimpy outfits and backyard wear are hardly necessary for comfort in a modern air-conditioned church.

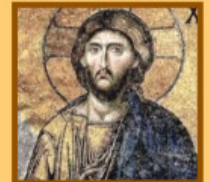
St. Michael VBS

2710 E. 61st. Park City

August 5-9 from 9:30 am to 12:00 noon

Friday program 6:30 pm

The Vikings Discover Jesus!



Elementary Activities, Ages 3-7

Intermediate Activities, Ages 8-14

Contact [sallybuxtonwks@gmail.com](mailto:sallybuxtonwks@gmail.com) for registration

# FR. CALINIC ELEVATED TO THE RANK OF ARCHIMANDRITE

Appointed Archiepiscopal Vicar for the Diocese of Wichita

On the Feast of the Glorious Ascension of Christ, June 13, 2024, Metropolitan Saba elevated Fr. Calinic Berger to the rank of "archimandrite" at the DOWAMA Parish Life Conference in Beaumont, TX. Axios! He is worthy!

The title "archimandrite" originally referred to a superior abbot whom a bishop appointed to supervise several lesser abbots and monasteries, or as the abbot of some especially great and important monastery.

In the present usage, "archimandrite" is most often used purely as a title of honor with no connection to any actual monastery. It is bestowed on a hieromonk as a mark of respect or gratitude for exceptional service to the Church. This title is only given to those priests who have been tonsured monks, while distinguished non-monastic (typically married) priests would be given the title of archpriest. Because it is a monastic bestowal with the assumption of celibacy, an archimandrite always outranks an archpriest (see 1 Corinthians 7:1, 8, 32-33).

The role of Archimandrite Calinic as "Archiepiscopal Vicar" is outlined in Metropolitan Saba's letter (which see). Due to this appointment, Fr. Calinic will no longer be on staff at St. George Cathedral, but will be in the employ of the Archdiocese under the direct supervision of Metropolitan Saba as of August 1.

This transfer of responsibility from the parish to the Diocese has several important ramifications that all parishioners should be aware of, to wit:



- Fr. Calinic will only perform liturgical services at the Cathedral on an occasional basis; he will be visiting other parishes regularly, much as Bishop Basil did in the past.
- He will not maintain an office at the Cathedral. His office will be at the Wichita Chancery.
- He will no longer perform typical pastoral duties, such as shut-in visitations, pre-marital counseling, etc.
- He will only participate in baptisms, weddings, and funerals upon request from the family through Fr. Paul.
- He will not conduct confessions at the Cathedral. He will only confess his spiritual children at the Chancery Chapel; all others will revert to Fr. Paul as confessor.
- He will not regularly lead SOYO discussions, do Adult Education presentations or teaching series, though he may do so occasionally upon request.

Cathedral parishioners should thus recognize that the scope Fr. Cal's responsibilities and duties has changed, and respect his new role, not expecting him to fulfill parochial duties as in the past.

We earnestly pray that our good God will bless and prosper Fr. Calinic in his new ministry, that he may by the grace of God bring forth much fruit for His kingdom!





**The Assembly of Canonical Orthodox Bishops of the U.S.**

has appointed **July 28, 2024** as **Prison Ministry Awareness Sunday**.

Please visit our St. George Missions Support Team's **interactive display** during Coffee Hour that day to **learn some important facts about OCPM's ministry that your support and prayers make possible!**

**The OCPM says...**

- Chances are, **someone** in our parish has been personally affected by the U.S. prison system!
- **113 million adults** in the United States have an immediate family member who has been to prison or jail.
- OCPM introduces prisoners to the **fullness** of the Orthodox Faith!
  - OCPM uses **former St. George parishioner David Patton's wonderful daily devotional "Dynamis"** for us and the prisoners!
  - **1,199 people in prison** correspond with OCPM! A new one with a St. George member!
  - OCPM publishes books and icons that meet strict prison rules.
  - OCPM and the icon on our Narthex west wall remind us that Christ said, **"I was in prison and you came to me."**
  - **Can we "come" in prayer for their souls?**
- **Jesus' healing of the demon-possessed men**, gives us a **perfect look into the heart of prison ministry**. These men were "so fierce that no one would pass [their] way." But the Lord is never afraid of them. In fact, **His healing love toward them is so powerful, that the people of the town are ultimately afraid of Jesus! The crowd witnessed His divinity in the way He visited and cared for these men**, who we know were **not only exorcized of their demons**, but were truly saved by their confession: **"If you confess with your lips that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved."**
- **Fr. John Kowalczyk, prison chaplain in Pennsylvania** for over thirty years, met a **man named Ezra in the Mental Health Unit who had lost all sense of reality** and was writing expletives on the walls. **Fr. John wanted to teach Ezra the Jesus Prayer**. They spent months praying together, even holding hands outside of his cell. **The Prayer slowly transformed Ezra**, as it transforms all of us. Fr. John would tell Ezra over and over, "Christ loves you, and obviously I love you." **Now, the prison staff calls Ezra a miracle, who is often seen reading his Orthodox prayer book!**

# Happenings

## PLC Bible Bowl Team



The St. George Cathedral Bible Bowl team travelled all the way to Beaumont, Texas to participate in this year's competition. The Book of Romans proved challenging to study, but well worth the effort. Our team—Jenna Mullinix, Preston Sebitts, and Gavin Mullinix—fought hard and came in second-place. They give their congratulations to St. Elijah's of Oklahoma City and plan on returning and winning next year in Norman!



## PLC Oratorical Winner

And congratulations to Jenna Mullinix for winning the oratorical competition. She will represent the Diocese of Wichita at the national competition to be held at the Antiochian Village, the end of July.



*Nour Lambros*

Relocated to Tampa, FL

*Farewell Friends*



*Ryan & Rachel Mohrmann  
& family*

Relocated to Colorado



Submitted by Mikell Awaad

Next Meeting
Tuesday, July 9th - 12:00 noon in the
Cathedral Library.
We would love to have you join us!!
Please consider sharing your gifts and talents
with our community. Carrie Camden at camden9492@gmail.com if you would like to
be involved.

Dillons Community Rewards

Earn money for St George Cathedral every time you shop at Dillons. Designate St George Cathedral as your Community Rewards recipient. When you scan your Dillons card at checkout, St George Cathedral will automatically be given a donation from Dillons based on the amount of your purchase. Community Support Team volunteers will be available during coffee hour through the month of July to answer questions and help with signups. Thank you for supporting St George Cathedral in this way!

St. Mary volunteers as we serve meals to those in need. This volunteer opportunity is open to adults and youth ages 12-17 if accompanied by a parent or guardian. St George volunteers typically serve on the third Sunday of the month. For more information or to join this volunteer group, contact Pat Milburn at pmilburn@josephhollander.com.

Kansas Food Bank

St George Teens (and a few adults) volunteered at the Kansas Food Bank. They filled 256 boxes of heart healthy foods to go to families in need of assistance.

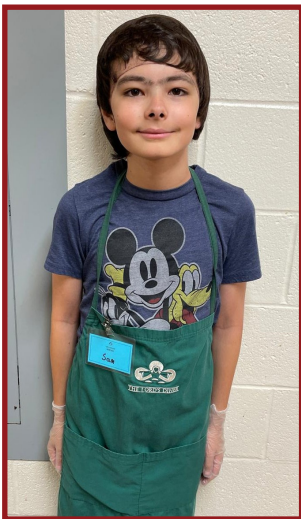
Young at Heart Bingo!

Parishioners gathered for food, fun and fellowship on May 28th for a bit of lively competition for some cool prizes. If you missed this one, we hope you will join us for the next one. Thank you to Vanessa, Jacob and all the volunteers that made this fun event a success.

Dillons Community Rewards Program THANK YOU!
Thank you to all who signed up during the month of June to support the work of the St. George Community Support Team through the Dillons Community Reward Program.
Here are the easy steps:
1) Set up a Dillons account online at this link https://www.dillons.com/i/community/community-rewards.
2) Designate St. George Orthodox Cathedral to receive your Community Rewards donation.
3) When you shop at Dillons, a percentage of the sale will be forwarded to the St. George Community Support account on a quarterly basis at no extra charge to you.

The Lord's Diner

Upcoming volunteer dates are July 21st and August 18th at 5:00-7:30. Join St. George and



~ Sam Awwad ~
at The Lord's Diner

KANSAS FOOD BANK
VOLUNTEERS



*The Cathedral  
Messenger*

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**St. George Orthodox Christian Cathedral**

7515 East 13th Street North

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